

FUELGUIDE

FuelBox NEW CITIZENS

Congratulations on your new **FuelBox**!
Get ready for some great conversations!

FuelBox NEW CITIZENS has 171 open questions to kickstart great conversation for new citizens in a country.

The aim is to create conversation through sharing experiences, stories, thoughts, opinions and feelings to develop and strengthen self esteem and new friendships.

FuelBox NEW CITIZENS is also about learning from each other, get to know each other and the country's culture, traditions and the unwritten laws.

To pick a question from a **FuelBox** is also a way of engaging in communication and language skill training.

Here are some tips and ideas to how you can use FuelBox with our new citizens!



OBJECTIVES

Through reflection and great conversations we develop and strengthen our selves and our connections.

Essentially **FuelBox** will contribute to:

- **Develop and strengthen** the individual human through a stronger self-knowledge and insight.
- **Develop and strengthen** relationships through getting to know each other and different cultures better.
- **Increase communicative skills** and language skills through practicing engaging and relevant face-to-face dialog.

BE SEEN - HEARD – RECOGNICED - BELONG



FACILITATION

FuelBox is an external facilitator

We believe that asking questions and reflect is necessary to develop every human being and their connections. Through reflection and conversations we create new insight and new connections grow.

FuelBox NEW CITIZENS contains questions that in an engaging way kickstarts great and meaningful conversations where the participants can share with and learn from each other. Our new citizens can share, experiences, stories, thoughts, opinions, and feelings with others. We hope this contributes to people get to know each other better and increases understanding and valuable insight.

The objective of **FuelBox** is not to get through most questions, but that each question can generate meaningful conversation. How you facilitate depends on the objective of the activities.



FACILITATION

1. One person **pick a card** from a chosen categorie
2. People **start to share** their reflections. If nobody starts talking, the person to the right of the «card picker» can start.
3. Challenge the participants to be engaged, curious and **ask follow-up questions!**
4. When **everyone have shared**, and you feel that you are finished with this topic, move on to pick the next question.
5. Inform the participants that they **are allowed to use «pass»** on a question
6. It might be useful to **make notes of important issues** that needs to be adressed in plenary or elsewhere later on.
7. **We encourage you to use IGP methology** if there are many groups using FuelBox and you pick one question that would be valuable for everyone to reflect and share on:

I = reflect INDIVIDUALLY **G** = share in GROUP or PAIR **P** = share in PLENARY



VARIETY AND POSIBILTIES

TALKSHOP

Divide the participants into groups that freely pick cards from the box or from a prechosen category depending on need of focus iof a lesson.

FUELFOOD

Arrange breakfast, lunch or dinner and make FuelBox a natural part of the meal.

FUELMOMENT

Start different type meetings with a question to engage everyone

FUELWALK

Pick one card each and go for a walk outside, 2 or 3 together and engage in a conversation around the picked questions.

FUEL WEEK

Participants pick one card each and are to have at least 5 conversations with others based on the question during a weeks time. Great opportunity to share reflections in plenary sessions or in groups at the end of the week.

FUEL DATE

Randomely set people up for an FuelDate! The participants are encouraged to have a coffee and a conversation for 15 minutes on a given day.

FUEL WELCOME

Every time there is a new arrival comes you can create an activity with FuelBox to wish him or her welcome, to connect and get to know the others.



#FUELTHEWORLD

make it a better place...

Do you have questions or need help to kick off the great conversations?

Let`s connect!



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Fuel It AS – The Company behind FuelBox