

# FUELGUIDE

## FuelBox YOUTH

Congratulations on your new **FuelBox**!  
Get ready for some great conversations!

**FuelBox** is an easy tool to use, pick a card and you are off!  
However, a well thought out implementation plan, increases the  
chance that **FuelBox** will serve as a real gamechanger!

We hope this guide will give you some  
great tips and advice on how to get started!

*«For me, the purpose of education is to  
help young people understand the world around them  
and engage in the world within them»*  
**Sir Ken Robinson**



# OBJECTIVES

Through reflection and great conversations we can develop and strengthen the youth and make their connections emerge. The objective is to contribute to great teaching environment where the outcome of learning is high.

Essentially **FuelBox** will contribute to:

- **Develop and strengthen** the individual pupil through gaining a stronger self-knowledge and insight.
- **Develop and strengthen** relationships through getting to know each other better in the class.
- **Increase performance** through the development of a good teaching environment.
- **Increase communicative skills** through practicing face-to-face dialog.

BE SEEN - HEARD – RECOGNICED - BELONG



# FACILITATION

1. One person pick a card from a chosen category
2. Participants start to share their reflections. If nobody starts talking, the person to the right of the one who picked the card can start.
3. Challenge the participants to be engaged, curious and ask follow-up questions!
4. When everyone have shared, and you feel that you are finished with this topic, move on to pick the next question.
5. Inform the participants that they are allowed to use «pass» on a question
6. It might be useful to make notes of important issues that needs to be addressed in plenary or elsewhere later on.
7. We encourage you to use the IGP method if there are many groups using FuelBox and you pick one question that would be valuable for everyone to reflect and share on:

**I** = reflect INDIVIDUALLY

**G** = Share in GROUP or PAIR

**P** = share in PLENARY



# TIPS & IDEAS

## Morning Fuel

Start the school day off with the question of the day/week. Teacher decides on a student who draws a card for the class. Use IGP (p.3) or spend 5 minutes on a plenary discussion/conversation.

## Classroom Talkshop

The students are divided into small groups of 3-5 and they draw a card from the box or amongst the cards provided by the teacher for each group.

## Fuel Walk

The students pick one card each and go for a walk outside, 2 or 3 together. They get exercise, fresh air and engage in a conversation around the topic of the question.

They may share some thoughts in the classroom after the walk.

## Fuel Talks Teacher-Student

Teacher and student pick cards on turn. They both answer each questions and are equal partners in the conversations.

## Homework Fuel

The students pick cards that can be the base of a conversation with family members, friends or others. Write a reflection paper after the conversation. Some of the students can present their reflections in the classroom.



# TIPS & IDEAS

## Plenary reflections

The teacher picks a predecided card relevant for the curriculum in the current subject (for example religious-, social- or language studies. Use IGP (p.3)

## Educational Task

Pick a card and use as inspiration for writing in all subjects; poems, article, drawing, interview training, presentation skills etc.

## Fuel Groups

Offer to engage in groups using FuelBox as a conversation tool. Can be facilitated through school nurse or other recourses at school. Can be girl groups/boy groups, groups for divorced children or other.

## Fuel Week

All students pick a card each and are encouraged to have at least 5 conversations around school based on their picked question. They can present their experience and reflections in class – let the whole school be overflowed with great conversation for one week!

## Fuel Lunch

Engage the students in conversations during lunch break! Within the class or across classes/ages.

## Fuel Date

Make a speed date concept in class or at school – involve the teachers!



# TIPS AND «RULES»

## **Listen while others speak**

Engage and listen attentively while others speak. Golden opportunity for teachers to focus on, repeat and demonstrate active listening.

## **Use follow-up-questions**

Be positively curious! Examples of follow-up-questions: Can you tell me more about that? What happened after? How do you feel talking about this? Can you say anything about why? A great conversation is all about exploring the answers.

## **You can say «pass»**

If one does not want to answer a question, you are allowed to say pass with no further explanation. Pick a new card.

## **Show respect and be friendly**

Show respect and be friendly. Show generosity. Give each other positive feedback and praise.

## **There is a difference between personal and private!**

Challenge yourself to give to others, but do remember that there is a difference between being personal and private. One example is to share personal reflections around a topic, without necessarily share private experiences.

## **Let the conversation flow**

This is not a competition on how to get through the most questions! A question is to generate a longer and deeper conversation. The students should not have very high ambitions in answering the questions, you can withdraw and add to your answer at any time during a conversation. That's what exploring an answer is – that's what a great conversation is!

# #FUELTHESCHOOL

*make it a better place...*

Do you have questions or need help kicking these great conversations off?  
We can set you off with an inspirational talk followed by TalkShops/WorkShop to  
implement FuelBox at your school.

For development of leaders and teacher teams we recommend  
**FuelBox LEADER** og **FuelBox TEACHER TEAM**.



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